



# Cowichan Valley Soccer Association

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## Parent Code of Conduct

**Note: As a parent you will have signed this document when you registered your child.**

1. I will not force my child to participate in sports
2. I will remember that my child plays sports for his/her enjoyment, not for mine.
3. I will encourage and help my child to focus on the performance and not the result (the overall development of my child as an athlete, soccer player and young person is what sport is all about. Winning is not as important as the performance. A child should never feel defeated by the outcome of a match).
4. I will encourage my child to play within the Laws of the Game and to resolve conflicts without resorting to hostility or violence.
5. I will never ridicule or yell at my child for making a mistake or losing a game/competition.
6. I will remember that children learn best by example. I will applaud good plays/performance by both my child's team and their opponents.
7. I will never question a game official's judgment or honesty in public.
8. I will support all efforts to remove verbal and physical abuse from children's sporting events.
9. I will respect and show appreciation for the volunteer coaches, who give their time to provide sport activities for my child.
10. I understand that parents must not coach from the side-line during games and/or training. This is the job of the coach.
11. I will strive to support my child unconditionally by being supportive and always focusing on the positive aspects of his/her game.
12. I will encourage my child to speak with the coach. (if your child is having difficulties in training and/or games, or can't attend training etc... encourage him/her to speak directly with the Coach. This "responsibility taking" is a big part of becoming a mature person. By handing 'off the field' tasks, your child is claiming ownership of all aspects of the game).
13. I will monitor my child's stress level to make sure that they are handling stress effectively from the various activities of life.



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14. I will monitor my child's eating and sleeping habits. (Be sure that your child is eating the correct foods. Players should be in bed at a reasonable time hour on the night before a game and early enough on other nights to ensure that adequate rest is being taken).

15. I will help my child keep his/her other priorities correct. He/She needs to maintain a focus on schoolwork, family relationships and other things besides soccer.